

Ventura County Middle School & Jr. High

Cross Country

2022 Meet Schedule



| Date | Host / Location | Times (VMS is POOL B): |
|-------------|------------------------------------|---|
| 9/9/22 | DATA / Serra / Arroyo Verde | Elementary: Girls @ 5:00pm, Boys @ 5:15pm Middle School: Girls @ 5:30pm, Boys @ 5:45pm |
| 9/16/22 | DATA / DATA | Pool A: Girls 3:00pm, Boys 3:30pm Pool B: Girls 4:30pm, Boys 5:00pm |
| 9/23/22 | Rio Vista / Rio Vista | Pool A: Girls 3:30pm, Boys 4:00pm Pool B: Girls 4:30pm, Boys 5:00pm |
| 9/30/22 | Matilija / Soule Park | Pool A: Girls 3:00pm, Boys 3:30pm Pool B: Girls 4:00pm, Boys 4:30pm |
| 10/7/22 | Las Colinas / Mission Oaks | Pool A: Girls 3:00pm, Boys 4:30pm Pool B: Girls 3:30pm, Boys 5:00pm |
| 10/14/22 | Mt Sac Invitational | TBD |
| 10/21/22 | League Finals / OLA / Arroyo Verde | JV: Girls 3:00pm, Boys 3:30pm V: Girls 3:30pm, Boys 5:00pm |